

# Hors D'oeuvres by the Dozen

Minimum 2 Dozen Applies

- Veg Spring Rolls \$30.00** with Sweet Chilli or Plum Sauce
- Mini Samosa \$30.00** Veg Samosa with tamarind sauce
- Spanakopita \$30.00** Cheese and Spinach in Flaky pastry
- Mini Crab Cakes \$30.00** with remoulade sauce
- Grilled Satay \$40.00** Chicken, Beef or shrimp with dipping sauce
- Herbed Shrimps \$42.00** with marinara sauce
- Gourmet Baby Burgers \$60.00** Beef burger, tomatoes, pickles, ketchup & mustard
- Gourmet Deli Sliders \$48.00** with all the trimmings
- Fresh Rice Paper Rolls \$42.00** with sweet chilli sauce
- Finger Sandwiches \$36.00** Tuna, egg salad, deli, salads (minimum 5 dozen)
- Smoked Salmon Roses \$30.00** on Pumpnickel or rye

- Cherry Tomato and Mini Buffalo Mozzarella Sticks \$30.00**
- Roma Bruschetta \$30.00** with crisp Baguette toast



# Afternoon Snacks and Desserts

Minimum 8 orders. All prices per person/per portion

- Gourmet Cookies \$2.99** 2 Gourmet cookies per person (Choc Chip, Macadamia, Oatmeal raisin)
- Cookies and Brownies \$3.99** A gourmet cookie and a double fudge brownie per person
- Dessert Platter \$5.99** Assortment of Bars, Nanaimo bars, squares, carrot cake, Triple berry Crumble, Tarts, Brownies
- French Pastries and Cakes \$5.99** Mini eclairs, Cannoli's, Tiramisu, Black forest, choc cones, fruit tart, Black forest etc.
- Gourmet Biscotti Each \$3.99** A selection of Gourmet Biscotti
- Fruit Kebob Each \$3.99**
- Fruit and Dessert Combo \$5.99** (minimum 10 orders)
- Cakes For All Occasions** Please call to discuss. 48 hours prior notice required.
- Granola /Chewy Bars/Rice Crispies (homemade) \$2.99**
- Potato chips \$3.99**
- Pretzel Snacks \$3.99**
- Toasted Almonds Bag \$3.99**



# Beverages

- Soft Drinks \$1.99** All major brands- cans of 330 ml including Diet
- Iced Tea \$2.49** 330 ml
- Water Bottles \$1.99**
- Juices \$3.00** Apple, Cranberry, Orange, 300ml Simply
- Milk 2% 237 ml \$3.99**
- Tropicana OJ and Apple 335 ml \$4.49**
- Red Bull Energy Drink 250ml \$4.49**
- Perrier and San Pellegrino 330 ml \$3.99**
- Coffee 10 cups \$22.99**
- Green Tea 10 cups \$22.99**



# Holiday Take Out Specials

Minimum of 8 people.

## Easter, Thanksgiving & Christmas

- 8 People \$210.00**
- 16 People \$420.00**

It includes pre-sliced roasted turkey served with baby carrots, peaches and cream corn, mashed potatoes, savoury dressing, cranberry sauce, gravy and a mouth-watering dessert. Pick up only, 48 hours prior booking required.



All menu items include applicable disposable plates, cutlery & serving utensils at no extra charge.

Please call 905-212-9556 or contact us if you don't find a link for seasonal offerings on the home page and we can custom build a menu for you.

Equipment rentals and Staffing-Please inquire. Please Contact us for a whole line of Party Appetizers, Starters and Snacks. Delivery Charges apply based on your Delivery Area \$150 minimum order before taxes or Delivery is required. Please allow 30-45 minutes Delivery window.

Catering for Toronto, Mississauga, Brampton, Oakville and all of the GTA

Be Spoilt For Choice

PUFFIN Catering offers you an assortment of meal selections giving you a sumptuous spread of local as well as international cuisines. Choose from something as simple as breakfast catering for your early office meeting or BBQ catering for a fun lunch or dinner event anywhere in Toronto, Mississauga, Brampton, Oakville and beyond.

Our wealth of experience has helped us to create an imaginative menu with a fresh and a healthy approach that will appeal not just to your taste buds but also your waist line.

We also offer a variety of fresh fruits and decadent desserts for those who have a sweet tooth.

At Puffin Catering, you have the choice of our standard catering menu as well as a tailor made designed menu just for you, simply because we know that each event is unique and adds to a memorable experience.

Menu Designed Exclusively For You

Catering menus can and will be custom tailored to each of your requirements to reflect the nature and mood of the event, as well as the demographic of the attending guests.

Be it catering to a corporate breakfast, a BBQ work lunch in the summertime, a private gathering or a gala dinner event with a guest count measured in thousands, our chefs will recommend, consult and create a menu that will cover all palate preferences.

Feel free to browse our standard catering menu below which offers everything from breakfast, lunch and dinner catering but also great international, buffet and BBQ options and ending with our fabulous dessert

**Puffin | CATERING**  
artful arrangements

905-212-9556 | puffincatering@sympatico.ca  
1635 Sismet Rd. Unit # 1-5, Mississauga, ON L4W 1W5

**Puffin | CATERING**  
artful arrangements

**Office & Corporate Catering**

905-212-9556 | puffincatering@sympatico.ca | www.puffincatering.com  
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FINEST MULTI CUISINE CATERING

WE DELIVER



# Breakfast

Minimum 8 orders.  
All prices per person / per portion

**Breakfast Bagel Platter** \$7.49  
Assortment of Bagels with cream cheese, sliced Havarti, Swiss, cheddar, jam, peanut butter.

**Mini Muffin Tray** \$4.99 Assorted Fresh muffins served with margarine on side. Two muffin per person

**Breakfast Pastry Tray** \$7.49  
Basket of Fresh Mini muffins, Mini Danish and Mini croissants – 2 pastries per person

**Bagel and Lox Platter** \$7.99  
Assortment of Bagels with thinly sliced smoked salmon, cream cheese, red onion, lemon slices-1 open face sandwich per person



**Pecan Waffles with** \$7.99  
**Five Spice Honey Syrup**  
2 mini waffles with candied pecan and Honey spiced syrup and butter on side

## Eggs your way

**Scrambled** \$11.99  
Served with Bacon, Sausage, Home Fries and assorted breads and condiments

**Eggs Frittata** \$12.49 Individual portion size egg frittata with fresh Vegetables, mushrooms, spinach and cheese with Bacon, Sausage, Home Fries and assorted breads and condiments. (Chicken Bacon and Turkey sausage available) \$1.00 extra



## Breakfast Pizza \$9.99

Mini Individual Pizza-Eggs, Bacon, breakfast sausage, grilled veggies, mozzarella cheese, Tomato sauce

**Breakfast Burritos** \$9.99  
Grilled Flour Tortillas Scrambled eggs, Chorizo sausage, Monterey Jack Cheese, Salsa, avocado

**Deep Dish Quiche** \$11.99  
Served in Pans of 6 –comes with home fries and Fruit bowl  
Lorraine-Ham and Swiss cheese Cheddar and Broccoli Mushroom onion and brie Spinach and onions

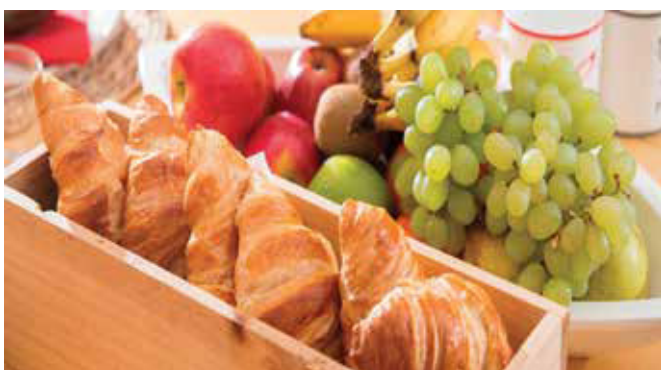
**Hot Breakfast Omelette** \$7.99  
**Sandwiches**  
Croissant  
Bagel  
English Muffin

**French Toast** \$5.99  
Regular or whole wheat 2 pieces with syrup and butter

**Tea sandwiches** \$9.99  
4x 1/4th sandwich with Cucumber, Tomato or egg salad

**Tortilla Pinwheels** \$9.99  
6 pin wheels with smoked salmon and cream cheese

**BLT with Avocado** \$9.99



# Puffin Platters

Minimum 8 orders.  
All prices per person / per portion



**Falafel Platter** \$10.99 Vegetarian  
Falafel balls, pita, Kalamata olives, marinated cabbage, hummus and tahini

**Grilled Vegetable Platter** \$7.99  
Mixed grilled vegetables served with pita & hummus

**Cheese Platter** \$8.99  
Assorted cheeses garnished with seasonal fruit and assorted crackers

**Vegetable Crudité** \$4.99  
Assortment of fresh vegetables & home-made dips

**Sliced Fruit Platter** \$5.99  
Assortment of seasonal fruits

**Seafood Nicosia Platter** \$12.49  
Add Shrimp \$+3.00  
Fresh herb grilled salmon, marinated Redskin potatoes, green beans, Kalamata olives, fresh tomatoes & boiled eggs

**Caprese** \$8.49  
Ripe tomatoes, fresh mozzarella, Kalamata olives & drizzled with pesto

**Deli Meat Platter** \$11.99  
Assorted deli meats & cheeses, grilled chicken, pickles & peppers. Served with mustard with bread on the side

**Mediterranean Platter** \$8.99  
Selection of our signature hummus, baba ghanouj, tabbouleh salad served with fresh Pitas and olives

**Nacho Fiesta** \$8.99  
Crispy corn tortilla chips served with chunky salsa, sour cream, chopped scallions, jalapeno peppers, shredded cheese



# Sandwiches

Minimum 8 orders.  
All prices per person / per portion

**Puffins Assorted Sandwiches** \$9.49  
Our Famous Sandwiches made on Kaisers, Subs, Whole Grain breads, Wraps with Deli Meat Assortments, Tuna, egg salad, Salmon, Chicken and Grilled Veggies. (One Serving = One Sandwich)

## Wraps

**Wraps** \$9.49  
**Burritos or Quesadillas** \$12.99  
Add On Chips, Salsa & Guacamole \$+4.99  
Roasted Veggies and beans Spiced Chicken Ancho Pork Flame Grilled Chicken Steak Chile lime Fish  
**Executive Sandwiches** \$11.99  
A selection of our Gourmet sandwiches made on freshly baked breads, focaccia, buns, Rye, pumpernickel, marble etc. Includes Asiago Roast Beef, Beef and Brie, California turkey club, BBQ, buffalo chicken, Mediterranean and Veggie.

**Buffalo Chicken Wraps** \$10.49  
**Tandoori Chicken Wraps** \$10.49  
**Lettuce Wrap** \$10.49

## Grilled Panini Sandwiches

\$11.49 (served Warm) on Triangle Ciabatta Buns

**Cuban** \$11.49  
Smoked Ham, Roast Pork, Swiss Cheese, Pickles and Mustard

**Chicken** \$11.49  
Roasted Chicken, shaved onions, Assortment Avocado

**Roast Beef** \$11.49  
Parmesan, Arugula, Horseradish Aioli and caramelized onions

**Caprese** \$11.49  
Ripened Tomatoes, Fresh Bocconcini Arugula pesto

**Veggie-Portobello** \$11.49  
Grilled Portobello, Roasted red pepper, Balsamic glaze, Mozzarella and Pesto  
**Boxed Lunches** (minimum 10)

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**Assorted Deli** \$16.99  
Includes Assorted Deli Sandwich, Whole fruit, Bottle water, Cookie

**Gourmet Executive** \$18.99  
Includes Gourmet Executive Sandwich, Whole fruit, Bottle water, Cookie

**Shrimp Cocktail Platter** \$8.99  
Poached shrimps served with chilled horseradish tomato dip and lemon  
**Charcutiere Platter** \$11.99  
A display of artisan styled cured meats including prosciutto, soppressata, Serrano, smoked sausages etc. pickled veg and sliced French baguette

**Breads and Spreads** \$5.99  
Crostin's, flatbread and chips with homemade dips & spreads

**Smoked Salmon Platter** \$11.99  
Atlantic smoked salmon, cream cheese, tomatoes, capers, olives, red onion & cucumber. Served with bagels



# Soups

Minimum 10 orders.  
Served in a Chaffer

**Roasted Butternut Squash and Apple** \$4.49

**Pulled Chicken Noodle** \$4.49

**Southwest Roasted Corn** \$4.49

**Mushroom Bisque** \$4.49

**Cream of Broccoli** \$4.49

**Tomato Bisque** \$4.49

**Thai Coconut Chicken Curry** \$4.49

**Minestrone** \$4.49

**Split Pea and Ham** \$4.49

**Italian Wedding** \$5.49

**Market Vegetables with Barley –Vegan** \$4.49

**Turkey Chilli** \$4.49

**Chicken Wonton** \$4.49

**Hot and Sour Soup with Chicken** \$4.49



**Seafood Chowder** \$5.49

**Beef and Barley** \$4.49

# Salad Bar

Minimum 8 orders.  
All prices per person / per portion

**Mixed Greens** \$5.25  
mixed greens tomatoes, peppers, cucumbers & sprouts

**Kale & Greens** \$5.25  
kale, mixed greens, tomatoes, peppers, cucumbers & sprouts

**Bean & Veggie** \$5.25  
Mixed Beans, Spinach, Tomatoes, peppers & broccoli

**Pesto Capellini** \$5.25  
Homemade pesto, capellini noodles, roasted red peppers & feta cheese

**Tabbouleh Salad** \$5.25  
Chopped parsley, tomatoes, cucumbers, onions & bulgur

**Barley & Veg** \$5.25  
Roasted rapini, peppers, yams, radicchio & barley

**Lentils & Greens** \$5.25  
Black lentils, yams, broccoli, Swiss chard & dried cranberries

**Pasta & Veg** \$5.25  
Penne pasta & charred vegetables

**Beijing Surprise** \$5.25  
Capellini noodles, sautéed veggies, light curry & sesame dressing

**Baby Spinach** \$5.25  
baby spinach, pecans, boiled eggs, craisins, strawberries

**Caesar Salad** \$5.25  
romaine lettuce, Parmesan cheese & croutons

**Homemade Potato Salad** \$5.25  
red skinned potatoes, charred corn, grainy mustard & dill

**Couscous** \$5.25  
Couscous, chick peas, chopped veg, raisins & spices

**Beets Salad** \$5.25  
Roasted beets & fresh pineapples

**Spiced Chick Pea** \$5.25  
Curried chick peas with spinach & carrots

**Greek Salad** \$5.25  
Mixed greens, Kalamata olives, feta cheese, tomatoes and onions

**Coleslaw** \$5.25  
Mixed cabbage, carrots, parsley

**Quinoa Salad** \$6.99  
Quinoa, edamame, spinach, tomatoes, corn & beans

**Edamame Slaw** \$5.25  
Shelled edamame, soft wheat barley, red cabbage slaw, water chestnuts and toasted sesame seeds in a light ginger sesame dressing

**Marinated Cucumber and Fennel Salad** \$6.99  
Crisp cucumber, slivered red onions, and roasted red peppers, seasoned with fennel, dill and celery seeds, and dressed in a homemade red wine vinegar, honey and Dijon vinaigrette.

**Thai Mango Salad** \$6.99  
Green Mango, Red onions, Coriander, Greens

**Individual Grilled Chicken Salad** \$15.49  
Grilled chicken in BBQ Southwest, Dijon & Herb or Cajun spice marinade. Your choice of house, Caesar, spinach or pasta salad

**Individual Grilled Salmon Salad** \$18.99  
Grilled salmon in either teriyaki glaze or lemon and herb marinade on top of your choice of either House salad, Caesar salad, Spinach salad, or Pasta salad.



**Broccoli and Cherry Tomato Salad** \$5.25  
Broccoli and cherry Tomato salad-Broccoli florets, halved cherry tomatoes, slivered red onions and sunflower seeds

**Italian Tomato Salad** \$6.99  
Roma tomato, bocconcini cheese, pepper, red onion tossed in red wine and basil vinaigrette

**Thai Mango Salad** \$6.99  
Green Mango, Red onions, Coriander, Greens

**Individual Grilled Chicken Salad** \$15.49  
Grilled chicken in BBQ Southwest, Dijon & Herb or Cajun spice marinade. Your choice of house, Caesar, spinach or pasta salad

**Individual Grilled Salmon Salad** \$18.99  
Grilled salmon in either teriyaki glaze or lemon and herb marinade on top of your choice of either House salad, Caesar salad, Spinach salad, or Pasta salad.



# Hot Entrees

Veg Options Available!  
Minimum 8 orders. All prices per person/ per portion



**Italian Chicken** \$19.99  
Grilled chicken breast with a light mushroom cream sauce. Served with dinner rolls, rice pilaf and your choice of mixed green salad or Caesar salad

**Chicken Souvlaki** \$19.99  
Marinated chicken with peppers, red onions barbequed on skewers. Served with Greek salad, flatbread, hummus & Tzatziki sauce. Choice of rice or roasted potatoes.

**BBQ Quarter Chicken** \$17.99 (leg and Breast) with Herb roasted Potatoes and Mixed green or Caesar salad



**Lasagne Meat**  
Lasagne vegetable  
Cannelloni Cheese  
Penne Pomodoro  
Chicken, Mushroom & spinach  
Farfalle

**Individual Grilled Chicken Salad** \$15.49  
Grilled chicken in BBQ Southwest, Dijon & Herb or Cajun spice marinade. Your choice of house, Caesar, spinach or pasta salad

**Classic Chicken Schnitzel** \$19.99  
with sautéed onions. Your choice of a starch option and a vegetable dish

**Sliced Roast Beef** \$23.99  
Tender Slice of Roast Beef Brisket. Served With: Gravy plus your choice of one grain and one green side.

**Beef Kebab** \$23.99  
Tender beef and vegetables kebabs marinated and barbecued on skewers. Served With: Your choice of grain option and vegetable dish.

**Oven Roasted Tilapia** \$24.99  
With lemon herb sauce. Served With: Your choice of grain option and vegetable dish.

**Stuffed Chicken** \$21.99  
Grilled chicken breast stuffed with spinach, roasted red peppers and feta cheese in a fresh herb and red pepper sauce. Served With: Dinner rolls and butter, along with your choice of grain/potato option and vegetable dish.

**BBQ Quarter Chicken** \$17.99 (leg and Breast) with Herb roasted Potatoes and Mixed green or Caesar salad

Minimum 10 orders.  
All prices per person/per portion



**Rigatoni and Italian sausage**  
Chicken Mushroom and Goats cheese Penne  
Tortellini Cheese or Meat  
Ravioli Cheese or Meat  
All above come with Caesar salad and Garlic Bread

**Butter Chicken** \$19.99  
Boneless Grilled Chicken pieces smothered in rich creamy Tomato sauce served with Naan, Basmati Pillau rice, Indian Salad, Veg Samosa

**Penne Primavera** \$19.99  
Penne pasta with grilled chicken or Italian sausage and mixed vegetables in a light tomato herb sauce. Can also be served vegetarian. Comes with garlic bread and your choice of mixed green salad or Caesar salad.

**Chicken or Beef Stir Fry** \$19.99  
with bok choy, mushrooms, peppers, snow peas, zucchini and carrots in a soy hoisin sauce. Stir-fry can be served on a bed of rice or on chow Mein noodles and Veg Spring Rolls

**Mexican Combo** \$19.99  
Chicken Fajitas, Soft Tortillas, Nacho chips, Salsa, sour Cream, Shredded Cheese, Jalapeno peppers, Lettuce, Guacamole and Tex Mex Salad



**Honey Mustard Pork Loin** \$21.99

With honey mustard marinade. Served With: Your choice of grain option and vegetable dish.

## Meal Options

### Grain /Potato Options

Truffle Mashed Potatoes  
Sweet Potato Wedges  
Roasted Potatoes]  
Quinoa Pilaf  
Basmati Rice Pilaf  
Pesto Capelini Pasta  
Rice Pilaf

### Veggie Dish Option

Sautéed Mushrooms  
Grilled Asparagus  
Green Beans & Crispy Shallots  
Roasted Cauliflower & Almonds  
Chopped Kale Salad  
Mixed Green Salad  
Caesar Salad  
Coleslaw